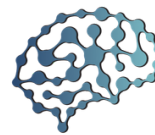


NEWSLETTER



MARC

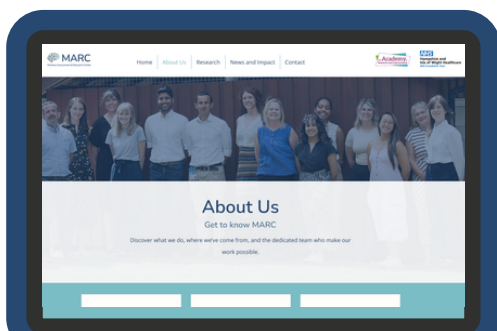
Memory Assessment & Research Centre

Issue 008

June 2026

NHS Centre Conducting World-Class Dementia Research

- Delivering international clinical trials testing the latest treatments to beat dementia
- Certified clinical research site working with all major pharmaceutical companies
- Our mission is to contribute to the development of future disease-modifying treatments for Alzheimer's disease, with the aim of improving care and outcomes for people living with dementia and their families.



Our New Website Has Launched!

Now with clearer information about our research and the opportunities available



www.marctrials.co.uk



Scan here



Volunteers needed for BRIC study!

- A two-year observational study exploring how inflammation might play a role in cognitive problems in dementia with Lewy bodies.
- Open to adults aged 60+ living with Mild Cognitive Impairment with Lewy bodies or dementia with Lewy bodies.

Find out more on our new website, click or search:

<https://www.marctrials.co.uk/trials-1/bric>



Who can take part in research with us?

- People with a **diagnosis of Mild Cognitive Impairment or Dementia**
- People **aged 50-80 without** a diagnosis of **memory problems**

How to get involved



- Self-refer or ask a health or social care professional to refer you
- **Email** us at our new address HIOWH.marc@nhs.net
- **Call** us on **02382 318757** today



First NHS UK Site to Treat Participants in Alzheimer's Trial

- We are running a new Phase 2 study that aims to find out whether an investigational medication can slow the progression of Alzheimer's disease by targeting tau protein changes in the brain.
- We are the first NHS site in the UK to give this investigational medication to research participants.
- The study is open to adults aged 50–85 living with Mild Cognitive Impairment or mild Alzheimer's dementia.
- The trial involves monthly intravenous infusions of either the investigational medication or placebo for around two years.



Research studies are delivered with people, families, and support at the centre



- The study is currently open to participants until October 2026, though dates may change.
- **Contact us** today by **emailing** HIOWH.marc@nhs.net or **call 02382318757** to learn more about the trial and eligibility for you or a loved one.



International Healthcare Leaders



- Our director Dr McFarlane welcomed distinguished clinicians from Hamad Medical Corporation in Qatar, including national dementia lead Professor Hanadi Al Hamad and senior consultant colleagues.
- The team offered practical insight into delivering infusion dementia research treatments within the NHS, supporting Qatar's preparation for new disease-modifying therapies.
- Delegates observed our clinic at Lymington Hospital, discussing patient pathways and treatment delivery, while recognising the vital role of research participants and carers in advancing dementia care.
- To read more, click or search, <https://www.marctrials.co.uk/latestnews>

Celebrating Remarkable Years of Service

Thank you!



30
YEARS

Victoria Croome,
Lead Pharmacy
Technician



20
YEARS

Katie Leach,
Pharmacist



10
YEARS

Claire Firth,
Commercial
Research Lead

Supporting Dementia Awareness and Brain Health

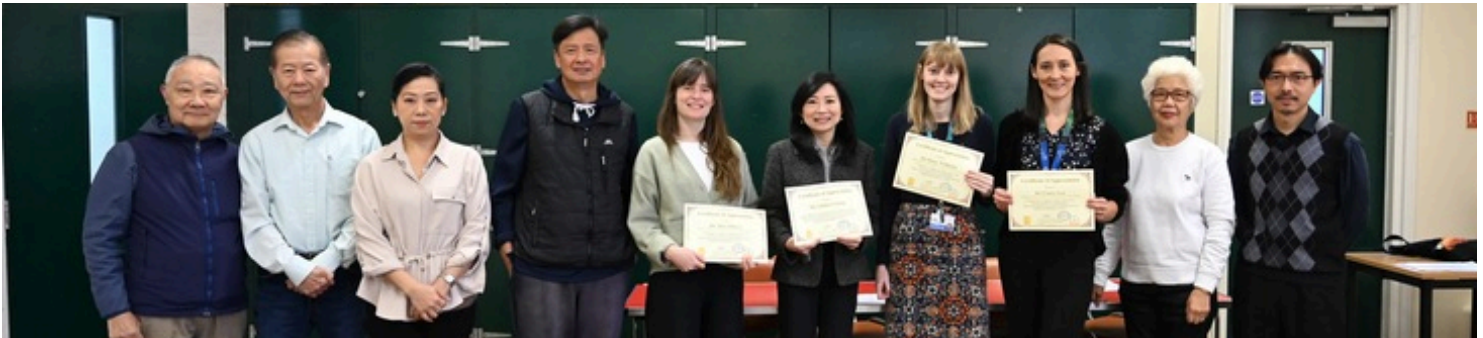


- We're on a mission to make dementia research more inclusive and accessible.
- Ethnic minority communities face additional barriers to dementia care including language, limited awareness and culturally adapted support.
- In response, we partnered with the [Chinese Association of Southampton](#) to improve access to information about dementia and brain health.
- Last September, we brought the community together for talks, discussion and lunch.

- Dr Daisy Williams explained what dementia is and what to do if symptoms arise, helping attendees feel more confident recognising and responding to changes.
- Research Psychologist, Alice Oliver shared practical ways to protect brain health through the [Think Brain Health Campaign](#), supporting people to take proactive steps.



Watch the talks online in English and Cantonese alongside translator Tristan Ko. Click or search, <https://www.youtube.com/watch?v=1uNJ8-64fbo>



- Last month, we returned with an interactive workshop, helping individuals reflect on their own lifestyles and take away personalised ways to support their brain health.
- Our team shared a carefully researched sheet including resources and support available for people affected by dementia who speak Cantonese and Mandarin and live in the UK
- Dr Claire Gee and Dr Daisy Williams spoke about the opportunities available to take part in research at MARC, supporting more diverse representation in dementia studies
- Together, we're helping reduce inequalities in dementia awareness and ensuring research reflects the communities it serves.
- To read more, click or search, <https://www.marctrials.co.uk/latestnews>





Supporting Jude's Fundraising Challenge



- Jude Rolfe-Tarrant is taking on the National Three Peaks Challenge, climbing Ben Nevis, Scafell Pike and Snowdon within 48 hours to raise funds for the **Lewy Body Society**.
- Lewy body dementia is often misdiagnosed and awareness remains low; funds raised will support research, improve diagnosis, and families affected by the condition.
- Find out more about Jude's challenge and how to support it at: <https://www.justgiving.com/page/jude-rolfe-tarrant-1>



Patient and Carer Involvement Opportunity

Who can join: people with a joint diagnosis of dementia or mild cognitive impairment with schizophrenia or schizoaffective disorder, and/or their carers.

Get involved: Join a patient and carers group to share experiences and improve care for this underrepresented group.

What to expect: Informal, supportive discussions exploring lived experience and service needs.

When: Initial meetings in September, October, and December (online and in person).

Incentives: Paid participation, with expenses covered.

Impact: Help shape better support and future services for people with complex conditions.



Interested?

Contact **Helen Sloan** at helen.sloan9@nhs.net 07973 919210

Tune into Our Latest Dementia Research Updates

Listen to our **research** and **clinical updates** in **dementia diagnosis** and **care**. Click or search,

<https://www.youtube.com/watch?v=MTg-sFaITGQ>

Full recordings available at [Dementia Researcher](#) website

Podcast Corner



Movers and Shakers
about life with
Parkinson's



Scan here



Scan here

Remember To Listen with Tanya Franks and Bennett Arron



Explore our new website: www.marctrials.co.uk



MARC



Hampshire and
Isle of Wight Healthcare
NHS Foundation Trust

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